

2017 PREVENTIVE DRUG LIST



Preventive medications are used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

You may not have to pay a copay, a coinsurance (the percentage you pay after you meet your deductible) and/or a deductible (the amount you pay before your plan starts to pay) for preventive medications.

Please check your plan's prescription drug list and plan documents to understand how your plan covers preventive medications. You can refer to myCigna.com for a complete and up-to-date drug listing for your plan. You can also use the Prescription Drug Price Quote tool on myCigna.com to view and compare drug prices.

The following is a list of generic and brand-name preventive medications, arranged by type of condition. Talk with your doctor when choosing the preventive medication that is right for you. Also talk with your doctor about available generic preventive medications (listed as uncapitalized medications and/or in parentheses). Generic medications have the same active ingredients, dosage form, quality and strength, as their brand-name counterparts and may provide additional savings for you.

This list is subject to change and may not include all preventive medications that your plan covers. Please refer to your plan's prescription drug list for a complete and up-to-date drug listing.

If you have questions

Please call the toll-free number on the back of your Cigna ID card. We're here to help.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

Preventive Drug List

Please note, brand-name medications start with a capital letter, and generic medications start with a lowercase letter. If a brand-name medication has an equivalent generic available, it will be listed next to the brand name in parentheses.

Some plans may cover specialty medications at different benefit levels. Refer to your enrollment materials for more information.

Asthma related

Accolate (zafirlukast)
Advair Diskus
Advair HFA
albuterol sulfate (nebulizer solution)
albuterol sulfate/ipratropium nebulizer solution
Anoro Ellipta
Atrovent HFA
Breo Ellipta
Brovana
budesonide
caffeine citrate
Combivent Respimat
cromolyn sodium inhalation solution
Elixophyllin (theophylline anhydrous)
ipratropium bromide
metaproterenol sulfate
Perforomist
ProAir HFA
ProAir RespiClick
QVAR
racepinephrine
Singulair (montelukast)
Spiriva
Spiriva Respimat
Stiolto Respimat
Striverdi Respimat
terbutaline sulfate
Theo-24
theophylline anhydrous
Vospire ER (albuterol sulfate)
Xolair
Xopenex HFA
Xopenex solution (levalbuterol)
Zyflo
Zyflo CR

Blood Pressure related

acetazolamide
Adalat CC (nifedipine)
Aldactazide (spironolactone/hctz (25-25 mg only))
Aldactone (spironolactone)
amiloride HCl
amiloride/hctz
amlodipine besylate/benazepril
amlodipine/valsartan
amlodipine/valsartan/hctz
Azor
benazepril HCl
Benicar
Benicar HCT
Betapace (sotalol HCl)

Betapace AF (sotalol HCl)
betaxolol
bumetanide
Caduet (amlodipine/atorvastatin calcium)
Calan (verapamil)
Calan SR (verapamil)
candesartan
candesartan/hctz
captopril
captopril/hctz
Cardizem LA (diltiazem HCl)
Cardura (doxazosin mesylate)
Cardura XL (doxazosin mesylate)
Catapres (clonidine HCl)
Catapres-TTS 1 (clonidine)
Catapres-TTS 2 (clonidine)
Catapres-TTS 3 (clonidine)
chlorothiazide
chlorthalidone
clorpres
Coreg (carvedilol)
Coreg CR
Corgard (nadolol)
Corzide (bendroflumethiazide/nadolol)
Demadex (torsemide)
Demser
Diamox Sequels (acetazolamide)
Dibenzylamine (phenoxybenzamine)
Diuril
Dutoprol
Dyazide (triamterene/hctz)
Dyrenium
Edocrin
enalapril maleate
enalapril maleate/hctz
Epaned
eprosartan mesylate
felodipine
fosinopril sodium
fosinopril sodium/hctz
hydralazine HCl
hydrochlorothiazide
indapamide
Inderal LA (propranolol HCl)
Innopran XL (propranolol HCl)
Inspra (eplerenone)
irbesartan
irbesartan/hctz
isradipine
labetalol HCl
Lasix (furosemide)
Levatol
lisinopril
lisinopril/hctz

Lopressor (metoprolol tartrate)
Lopressor HCT (metoprolol/hctz)
losartan potassium
losartan/hctz
Maxzide (triamterene/hctz)
methylothiazide
methyldopa
methyldopa/hctz
metolazone
Microzide (hydrochlorothiazide)
Minipress (prazosin HCl)
minoxidil
moexipril HCl
moexipril/hctz
Neptazane (methazolamide)
nicardipine HCl
nimodipine
Norvasc (amlodipine besylate)
Nymalize
perindopril erbumine
pindolol
Prestalia
Procardia (nifedipine)
Procardia XL (nifedipine)
propranolol/hctz
quinapril
quinapril HCl/hctz
ramipril
reserpine
Sectral (acebutolol HCl)
Sotylize
Sular (nisoldipine)
telmisartan
telmisartan/amlodipine
telmisartan/hctz
Tenex (guanfacine HCl)
Tenoretic 100 (chlorthalidone/atenolol)
Tenoretic 50 (chlorthalidone/atenolol)
Tenormin (atenolol)
terazosin HCl
Tiazac (diltiazem)
timolol maleate
Toprol XL (metoprolol succinate)
trandolapril
trandolapril/verapamil
triamterene/hctz
Tribenzor
valsartan
valsartan/hctz
Vecamyl - mecamlamine HCl
Verelan (verapamil)
Verelan PM (verapamil)
Zebeta (bisoprolol fumarate)
Ziac (bisoprolol/hctz)

Blood Thinner related

Aggrenox (aspirin/dipyridamole ER)
Brilinta
cilostazol
Coumadin (warfarin)
Durlaza
Effient
Eliquis
Jantoven (warfarin)
Persantine (dipyridamole)
Plavix (clopidogrel bisulfate)
Pradaxa
Savaysa
ticlopidine HCl
Xarelto
Zontivity

Cholesterol related

atorvastatin calcium
Caduet (amlodipine/atorvastatin)
Colestid (colestipol HCl)
fenofibrate
Fibricor (fenofibric acid)
fluvastatin
Lipofen (fenofibrate)
Lofibra (fenofibrate)
Lopid (gemfibrozil)
lovastatin
Lovaza (omega-3 acid ethyl esters)
Niacor
Niaspan (niacin)
pravastatin
Prevalite
Questran (cholestyramine/sucrose)
Questran Light (cholestyramine/
aspartame)
rosuvastatin calcium
simvastatin

Tricor (fenofibrate)
Triglide
Trilipix (fenofibric acid)
Welchol
Zetia

Diabetes related

Actoplus Met (pioglitazone HCl/
metformin HCl)
Actoplus Met XR
Actos (pioglitazone HCl)
Amaryl (glimepiride)
Avandia
chlorpropamide
Cycloset
Diabetic Supplies (i.e. lancets, syringes,
urine tests, alcohol pads)*
Duetact (pioglitazone/glimepiride)
glipizide/metformin HCl
Glucophage (metformin HCl)
Glucophage XR (metformin HCl)
Glucotrol (glipizide)
Glucotrol XL (glipizide)
Glucovance (glyburide/metformin)
glyburide
Glynase (glyburide micronized)
Glyset (miglitol)
Humalog
Humulin
Invokamet
Invokana
Janumet
Janumet XR
Januvia
Kombiglyze XR
Lantus
Lantus SoloStar
OneTouch Ultra Test Strips*
OneTouch Verio Test Strips*

Onglyza
Prandin (repaglinide)
Precose (acarbose)
repaglinide/metformin
Riomet
Starlix (nateglinide)
SymlinPen
tolazamide
tolbutamide
Toujeo
Trulicity

** May not be included as a preventive benefit on your plan.*

Check your plan materials or call the toll-free number on the back of your Cigna ID card for more information.

Osteoporosis related

Actonel (risedronate sodium)
Atelvia (risedronate sodium)
Binosto
Boniva (ibandronate sodium)
etidronate disodium
Evista (raloxifene)
Forteo
Fortical (calcitonin-salmon)
Fosamax (alendronate sodium)
Fosamax Plus D
Miacalcin

Prenatal Vitamins

All prescription strength prenatal vitamins are considered preventive

Check your plan materials for formulary placement of branded prenatal vitamins



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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