



## Making the best choice for your health care

By using tools on our website at [anthem.com](https://www.anthem.com), you can get the answers you need about health problems, treatment and what it will cost you – and make the best choice for *you*.

### Zagat<sup>®</sup> Health Survey

#### Find out what other people say about a doctor

If you recently saw a doctor, you can share your thoughts about the visit. Or, you can read what other patients said about their visits to help you find the doctor who's right for you.

#### To find a doctor and read reviews from other people:

- Log in at [anthem.com](https://www.anthem.com).
- Click “Find a Doctor” and search for your doctor by name or place.
- Choose a doctor from the Search Results. Zagat Health Survey scores are on the right side of the *Provider Details* page (if there are at least 10 reviews for that doctor).

#### To Rate your doctor:

- Click on “Add Your Review.”

### Anthem Care Comparison

#### Quality and cost information are just a few clicks away

Make smart choices and save money by comparing real costs for common procedures at hospitals and other places that provide health care where you live. You can also see information about quality of care to see how safe those places are.

#### To use Anthem Care Comparison:

- Log in at [anthem.com](https://www.anthem.com)
- Go to your Account Summary page and select “Compare Facility Cost and Quality”



**“I had the tools I needed at my fingertips to find out more about my condition, cost of care and quality information on hospitals in my area. I’d score a win for my health plan!”**



## Meet Richard

After he hurt his knee, Richard used his health plan’s online tools to better understand his choices – and make the best ones for him.

“When I hurt my knee playing basketball, I just wanted to get it fixed and get back in the game. But I needed to understand the procedure and what it would cost. My wife told me that our health plan’s website was a great place to find that information, so **I went to [anthem.com](https://www.anthem.com) and logged in to my account.**”

### Step 1: Zagat® Health Survey

“I used the Provider Finder tool to search for an orthopedic specialist who treats people with knee problems. I found dozens close to me, so I then looked at ones who were board certified and who were recommended by others who used the Zagat Health Survey. I could see how other Anthem members rated their experience with a doctor based on things like how well the doctor explained things, how soon they could see the doctor and what the office was like. I chose a doctor I would feel comfortable with.”

### Step 2: Anthem Care Comparison

“Next, I wanted to find the best hospital in my area for knee replacement. I used Anthem Care Comparison to see quality information for each hospital, such as how many patients had this procedure, if patients had problems, how long they stayed at the hospital and other things.”

“I also saw the real prices my health care plan negotiated with local network providers. The price ranges covered all of my care, including the surgery, equipment I needed to use after the surgery, anesthesia and other services for this procedure.”

**Visit [anthem.com](https://www.anthem.com) for more ways to get healthy – and stay healthy.**

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